

# *Proclamation*

## **National Recreational Sports and Fitness Day February 22nd**

**Whereas**, the National Intramural-Recreational Sports Association (NIRSA) recognizes that participation in recreational sports offers outstanding opportunities for individuals to develop healthy lifestyles, high self-esteem, and improved fitness and wellness, and

**Whereas**, the National Intramural-Recreational Sports Association strengthens the quality of life for individuals and communities through education and training of recreational sports professionals, and

**Whereas**, the National Intramural-Recreational Sports Association is an influential force in enhancing the quality of community life through provision of NIRSA-sponsored recreational sports and intramural opportunities on university and college campuses and U.S. military installations, in public recreation programs, correctional institutions, private and not-for-profit organizations, and

**Whereas**, the National Intramural-Recreational Sports Association has been a driving force in the design and development of “state-of-the art” recreational sports and fitness facilities, and

**Whereas**, on February 22, 1950, representatives of 11 Historically Black Colleges met at Dillard University in New Orleans to form the National Intramural Association (NIA), which has become the National Intramural-Recreational Sports Association,

**Therefore, Be It Resolved**, that the Board of Directors of the National Intramural-Recreational Sports Association proclaims February 22<sup>nd</sup> each year as

## **National Recreational Sports and Fitness Day**

*and*

**Be It Further Resolved**, that the Board of Directors of the National Intramural-Recreational Sports Association encourages all citizens and organizations to join in honoring February 22<sup>nd</sup> each year as National Recreational Sports and Fitness Day through appropriate celebrations and special events.

**Adopted by the Board of Directors  
National Intramural-Recreational Sports Association  
February 21, 1999 – New Orleans, Louisiana**



NIRSA - 4185 SW Research Way, Corvallis, OR, 97333-1067  
\* phone (541) 766-8211 \* fax (541) 766-8284 \* email [nirsa@nirsa.org](mailto:nirsa@nirsa.org) \* web <http://nirsa.org>