

Crossroads of Recreation

Newsletter of the Indiana Recreational Sports Association (IRSA)

Fall | 10

President's Corner



Greetings IRSA,

I hope the start of your semester is off to a rockin' start! The first few weeks of a new academic year is always my favorite time of year. I'm instantly re-energized, re-motivated, and excited to get back to work with them. I'm sure each of you feel the same and have the same and different reasons why this is the best time of the year. Don't forget to take a step back to witness all the great programs and services you're providing your students. I'm amazed every day the impact we have.

The executive committee held a retreat back in June at Indiana University. Our conversations sparked a lot of new ideas along with taking a harder look at our processes. Many of these things we are starting to implement and others we'll discuss at our workshop at Ball State University. The workshop committee also met in June at Butler University. This meeting was extremely productive and a lot of exciting things are on the table that will benefit the association. The committee will have a formal proposal to present at our upcoming workshop.

Speaking of the workshop, Ball State University and its crew are very excited to host us on November 11 & 12. More information will be distributed very soon. Once again, this should be another exciting workshop as they have a brand spanking new facility to show off!

I hope you enjoy the 4th edition of our newsletter. We're always looking for programs to highlight, colleagues to recognize, facilities to showcase, etc. If you have ideas, please send to Adrian Shepard at ashepard@butler.edu.

Keep Rockin'!

Josh Downing
Butler University
IRSA President

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Who's That?

In this section, we will feature a professional member who has made contributions to IRSA, NIRSA or your campus as a whole. If you have someone that you'd like featured here, please contact Adrian Shepard ashepard@butler.edu.



Bill Rump/Vincennes University

Department Chair and Professor of Physical Education, Director of Intramural-Recreational Sports

Number of Years in Current Position

I have been the Director of Intramural-Recreational Sports for 28 years. I have been Physical Education Department Chair for 20 years.

Number of Years in Profession

32 years as a Professional
4 years as an undergraduate and graduate assistant

First Job in Profession

Graduate Assistant in Intramural Sports at Indiana State University
Assistant Director of Intramural Sports at Vincennes University

Favorite Part of Job

I have always enjoyed the close contact that I have been able to maintain with the students. My work over the years has allowed me to get to know students not only through classroom contact but also through personal contact within Intramurals. Additionally, since I wear the "3 hats" of the different jobs, there has always been variety to what I do. My position has also offered me flexibility. Due to the nature of my employment, I have been able to spend time with my family in the summer.

Biggest Accomplishment

Professionally – being part of the construction of our new Student Recreation Center – opened 2005.
Personally – having two kids graduate from college.

If I Could Offer Advice to Students Heading into the Field

Keep all of your options open when searching for positions. Also, become as "well-rounded" in the field as you possibly can. For example – if you only concentrate on "Intramural Sports" then you've limited yourself to only Intramural positions. Though our profession has changed a great deal over the years and has become more specialized, I still believe that a young person entering the field should be able to work in two or three areas within Rec Sports. Also, do what makes you happy. At one time in my career I had aspirations of being a Director at a very large institution. But I realized that I really enjoyed the variety my position offered me, the positive contribution I was making in the lives of VU students, and that my wife and I were living in and raising our kids in a very good community, and as mention above, my position afforded me the flexibility in the summer to be with my family, to travel, coach youth sports, and pursue other personal interests.

Family

Wife: Lynne – CEO of Children and Family Services Corp. – Vincennes
Children: Tyler – Hanover College Graduate – currently Field Services Specialist for Asbury Water Technologies – Indianapolis; Lindsay – Butler University Graduate – currently working for Indiana Democratic Caucus – Campaign Director for State Representative Joe Pearson

Hobbies

Golf, Gardening, and Homebrewing



Student Perspective

In this section, we will feature a student member who has made contributions to IRSA, NIRSA or your campus as a whole. If you have someone that you'd like featured here, please contact Adrian Shepard ashepard@butler.edu.



Justin Peterson/Indiana State University

Greetings IRSA! My name is Justin Peterson and I am pleased to be your new IRSA Student Representative. I am currently a second year Graduate Assistant in Intramural and Club Sports at Indiana State University. My plans for this year are to increase the amount of communication between students and professionals throughout Indiana. I also want to help the other student representatives to establish a scholarship for students within Region III. It is also my goal to be in contact with students across the state on a regular basis, so that I can make sure the student's voice is heard. I hope that everyone has a great start to their year!



IN the Know

In this section, we will feature new facilities, unique programs, etc. that are taking place at your institutions. If you'd like something at your institution covered here, please feel free to contact Adrian Shepard ashepard@butler.edu with your idea to be considered.



Learn 2 Play Away/Purdue University

How did Learn 2 Play Away come about?

'Learn to Play Away', is an outreach program initially created to manage the increasing and overwhelming number of requests for free demo classes on campus. In creating this program, I had three primary objectives:

Objective 1: Expand Instructional Fitness Programming to meet current demand for outreach fitness programming.

Objective 2: Expand Instructional Fitness Programming beyond the borders of the home facility in order to reach a more diverse market of current non-users through collaborations with student organizations, departments, Human Resources WorkLife programming and other Purdue affiliated groups.

Objective 3: Develop creative and collaborative programming in an effort to maintain Group Fitness Program revenue as the Recreational Sports Center undergoes a two-year renovation and expansion project.

What is the philosophy behind Learn 2 Play Away?

Learn to Play Away strives to capture a diverse market of participants on campus including faculty, staff and students in Residence Halls, Greek Houses, Cultural Centers and Undergraduate and Graduate Student Organizations with the goal of promoting an appreciation for an active and healthy lifestyle to the campus community.

What are some of the benefits participants can expect by participating?

Learn to Play Away provides participants with a combination of high quality programming and convenience by holding no equipment necessary classes on a contractual basis at the specific requesting organizations location.

Learn 2 Play Away/Purdue University *continued...*

How has Learn 2 Play Away further contributed to the overall wellness of campus?

Today, 'Learn to Play Away' has evolved into an instructor and speaker request program; reaching beyond the walls of the facility to introduce the world of Rec Sports to target populations on campus in an effort to create new avenues of self discovery, social engagement and appreciation for a healthy lifestyle.

Indirect Benefits of the Learn to Play Away Program

Learn to Play Away has been a successful in generating excitement and positive word-of-mouth or buzz marketing in the campus community by reaching out to those untapped populations on campus who have yet to experience the limitless opportunities in recreation. For example, Learn to Play Instructor, Katie, has been teaching Pilates to a group of 15 female faculty/staff members in the School of Veterinary Medicine for over three semesters now. During this time, she has developed relationships with her participants which has led to a number of referrals from other departments and faculty/staff groups on campus.

Listed below is an abbreviated list of groups Learn to Play has served in our campus community:

- Residence Halls
- Sorority Houses
- Fraternity Houses
- Agronomy Clerical Staff
- Veterinary Administration Staff
- Women's Resource Office
- Graduate Women in Engineering
- Undergraduate Women in Engineering
- Women in Science
- Graduate Mentoring Program
- Center for Career Opportunities
- Childcare Centers on campus
- Purdue Village Family/Graduate Housing Community Center
- Wedding/Bachelorette parties held on campus

Most Popular Classes Include:

- Yoga
- PiYo
- Turbo Kick
- Zumba
- Pilates

Additional Information

On-Line Learn to Play Away – Instructor Request Form:

http://purdue.qualtrics.com/SE/?SID=SV_a46kEnidBIN3fxi&SVID=Prod

Announcements

IRSA Annual Workshop – Ball State University, November 11 & 12

Midwest Fit Fest – Indiana University, February 25-27

Contact Kristen Malmstrom kmalmstr@indiana.edu for more information and/or to be added to the mailing list.

Check us out online and find:

- Newsletters
- Member websites
- Membership application forms
- Scholarship guidelines & applications
- Committee assignments
- Officer nomination forms
- Executive committee job descriptions
- More!

<http://www.nirsa.org/Content/NavigationMenu/Networking/StateProvincialDirectors/Indiana.htm>

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