



State Director's Notes

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These past two years as the State Director have been outstanding. I have been able to attend each state, regional, and National conference and through my position meet some amazing professionals and students throughout the state and within the Region. I was also able to fulfill my goal of being the communication agent between members in the State and the NIRSA National headquarters.

As the end of my term approaches, I wanted to thank Kelsey DeLoach and Hannah Toschlog, two Campus Recreation students at FGCU who assisted me in my endeavors as State Director. Kelsey was instrumental in assisting me with each edition of the newsletter and Hannah was responsible for the new and improved design of the newsletter.

I look forward to seeing

everyone in Kentucky and hope you have a GREAT Fall semester!



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Coming Up Next Edition

- State Director's Note
- Student Rep's Note
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I am currently in my second year as a Competitive Sports Graduate Assistant at the University of Florida, studying Sport Management. In one year as a Graduate Assistant, I have learned more about recreation than 4 years of undergraduate work. Before coming to Florida, I attended the University of California, Davis where I majored in Managerial Economics with a minor in History. My current path began as an intramural

soccer official with Campus Recreation at UC Davis five years ago. After three years working as an official/supervisor/student manager with intramural sports, I accepted an offer for my current position with the University of Florida. I have attended various NIRSA conferences and sports tournaments, but hope to become even more involved within Region II and the state

as the State of Florida State Student Leader.



Corey Gazay
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Close-Up!

Do you wish you knew at least one or two more people in the NIRSA family? Well then read on as two members from around the state share a bit about themselves as they answer six questions about their experience, job, and life. Would you like be highlighted in the next edition of the newsletter or know someone else who does, please send their name and email address to Tia Freiburger at tfreibur@fgcu.edu.

Name, Title & Years in the Field	<p>Andrea Snead Facilities and Aquatics Coordinator UCF Recreation-One Year</p> 	<p>Ryan Amato Intramural & Club Sport Coordinator 12 years in the field, 6 years at FIU</p> 
Favorite NIRSA Conference?	<p>First and only NIRSA conference is my favorite thus far, ERSL this past spring because it was there that I began to build relationships within the Recreation field.</p>	<p>Minneapolis in 2007</p>
Do you have any special plans for the Fall Semester?	<p>The same as everyone else's plans at UCF, to watch the Conference USA defending Champions!</p>	<p>For the first time, we are going to offer instructional clinics on how to play our Intramural Sports. The goal is to reach out to members of the University population who may not participant in certain events due to lack of familiarity or lack of comfort.</p>
What did you do for fun this summer?	<p>Finished another season of tackle football, spent time with my family and traveled to St. Louis.</p>	<p>My family and I went to Atlanta for a couple of Braves games, to the mountains in North Carolina, and to Dollywood. It was an amazing time!</p>
What makes your Recreation Department standout?	<p>UCF is unique in the sense that we empower our students to take ownership of our facility so our Recreation Departments stands out because of our students.</p>	<p>Our people make our Department stand out. Our entire staff, from professional to undergrad, work very well together. People enjoy participating in our programs and services because we always treat them right.</p>
What one piece of advice you would give an undergraduate student who plans on going into the field of recreation?	<p>Whatever opportunities you have to meet people and build relationships within the Recreation field jump on it and be yourself!</p>	<p>Always keep an open mind. The learning process never stops, and you can always find ways to make improvements by listening to participants, staff, and colleagues.</p>

NIRSA National Service Award

Service is who we are and what we do as collegiate recreation students and professionals. We all know colleagues who have gone above and beyond the call of duty in their NIRSA volunteer service. So now is the time to NOMINATE someone. OR if you all could assist by telling other colleagues in the state or anyone who is willing to nominate someone who is deserving of this award.

Each year, the NIRSA National Service Awards (NSA) recognize up to six professional members and up to three student members for their outstanding contributions to NIRSA and the field of collegiate recreation. Help NIRSA set the standard of excellence in professional and student achievement by acknowledging their exceptional performance, dedication, creativity, and innovation with a nomination for the 2012 National Service Award.

Nominations are due by September 16th. The form is on the web at this link

http://www.nirsa.org/Content/NavigationMenu/AboutUs/Awards/NationalServiceAward/National_Service_Aw.htm

Rhonda Dubord
Associate Director, University of Miami

Student Development through Student Involvement

By Corey Gazay
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Involvement, leadership, knowledge, professional development—these words are thrown around quite a bit in campus recreation. But how do I actually get involved?

Regional Student Lead-Ons are a fantastic way for all students, from a first year student to a second year Graduate Assistant, to enter the world of campus recreation. This year the University of Kentucky will host the Region II Conference and Student Lead-On. The Lead-On will be held Thursday, October 13 and caters specifically to students just like you.

I urge every student to attend. If you

have attended previously, consider presenting this time around. The deadline for presentation proposals is September 16, and it never hurts to ask your professional staff for help and advice.

We all know money is an issue. At the Florida Summit this past month, Region II Student Leader Mike Valentine and I asked students how we could recruit and retain students in our region. The number one answer...students want larger conference discounts. While I cannot help with that, I can offer suggestions on how to finance your trip to Lexington.

First and foremost, write a proposal to your director highlighting what you want to gain out of attending the

conference. Who knows? There may be money set aside for professional development of students. You can also fundraise! Think of unique ideas to raise money for students wishing to attend the Lead-On and Conference. As an undergrad at the University of California, Davis, my fellow students and I hosted an intramural championship t-shirt sale. We set up a rack of t-shirts we had collected during the t-shirt exchange at the previous NIRSA National Conference. Students on our campus were excited to have the opportunity to purchase shirts from around the nation.

I am excited to kick off the new school year and I hope I get to meet you at this year's Regional Conference and Lead-On. Feel free to contact me regarding any questions you may have.



Campus Updates



Please check out all of the exciting things going on at the campuses across our great state! If your information is not posted here, please speak with your campus contact and be sure to get your highlights sent in for the next edition of the State Newsletter.

Embry Riddle Aeronautical University

- We welcome Joshua Gross and Emily Davison as our new young professionals interning with us. Emily is a graduate of Auburn University along with a MS degree from University of Southern Mississippi. Josh graduated from Bloomsburg University of Pennsylvania and recently finished his Masters degree from Indiana University of Pennsylvania. Both will be involved with our intramural sports program as well as facilities and game management for intercollegiate sporting events.
- Get ready for Level 2 Yoga Fit Training coming in October at the ERAU Fitness Center. To register and for more information check out Yoga Fit.com on the web under training. Courtyard Marriott adjacent to the school is available for those needing lodging.
- Final touches of construction are nearing completion for the lighted, artificial multipurpose turf field, artificial turf softball field for intramural competition including top notch dugouts, and a lighted intercollegiate women's softball field. All are very excited with the outcome and looking forward to put them in play. Field turf was the vender in case anyone is considering artificial turf.

Florida International University (Main Campus)

- Incoming new Fall Graduate Assistants:
 - Lindsay Jones, Fitness (from UCF)
 - Janette Janero-Stoudt, Fitness (from FGCU)
 - Antonio Gonzalez, Intramurals (from FSU)
 - Jordan Anderson, Facilities (from Univ. of New Hampshire)
- Departing Graduate Assistants:
 - Dr. Edwin Ryan, Fitness (to a Physical Therapy practice in Alaska)
 - Kelly O'Connor, Facilities (to New Jersey – looking for position in Campus Rec)
 - Ryan Amato, Intramurals (to Ohio – looking for position in Campus Rec)
- The repairs to our Recreation Center curtain wall system (glass & aluminum framework) have been completed. We are once again water-tight and ready to resume our Monroe County (The Keys) hurricane shelter capability.
- This last year resulted in record numbers of participation and facility uses. Recreation Center uses rose by 12.5%, intramural participation increased by 63%, and participation in our PantherFIT Group Fitness Classes jumped by 84%.



Campus Updates Continued



Florida Southern College

- Florida Southern College got ranked # 10 on Everybody plays intramurals according to the Princeton Review.
- Florida Southern College got ranked # 1 for most beautiful campus according to the Princeton Review.
- We are hosting Lifestyle Management Associates' Nutrition for professional workshop on September 17 and 18th . For more information please contact Michael McElveen at mmcelveen@flsouthern.edu

Lynn University

- The Coordinator of Campus Recreation position at Lynn University is currently open. This position is directly supervised by the Director. Seeking candidates with high energy, creativity, and dedication. Specifically looking for someone who has skills in training and developing intramural sports referees, flag football and basketball being our two main sports.

The position description and employment opportunity is posted on the Lynn website <http://www.lynn.edu/employment-opportunities/employment-opportunities> and on Bluefish at <http://www.bluefishjobs.com/jobs/#/detail/4389314>

The Lynn University Campus Recreation webpage is: [https://my.lynn.edu/ICS/LifeatLynn/Campus Recreation.jnz](https://my.lynn.edu/ICS/LifeatLynn/Campus_Recreation.jnz) for a snippet of information on the department.

Stetson University

- Stetson Club Sports is proud to announce the addition of two new clubs: Men's Soccer and Skydive. The Men's Soccer Club will be participating in the Southeastern Collegiate Soccer Alliance (SCSA) in the Coastal Division with the other Florida Region II schools. Entering the program's second academic year, Stetson now has 15 clubs including Aikido, Croquet, Equestrian, Men's Lacrosse, Women's Lacrosse, MMA, Sand Volleyball, Shooting, Men's Soccer, Skydive, Surf, Swim, and Ultimate Frisbee. We are excited for all of our clubs to continue to grow in the coming year!
- Stetson Intramurals is also excited about a full integration of the IMleagues program to help communication and programming for our Intramural programs.
- We also welcome part-time Coordinator of Wellness & Recreation Frankie Painter to the Department of Wellness & Recreation. Frankie is very experienced in group fitness and personal training. Two new Graduate Assistants, Max Albrecht and Marissa Gore are joining our team.

University of Central Florida

- Gabrielle Bell has been hired as our new full time Athletic Training Coordinator
- We have 5 new Graduate Assistants that will start in August, Tony Kreitzer and Ashley Lax (Intramural Sports), Joseph Femia (Facilities), Megan Edgley (Outdoor Adventure) and Elizabeth Bowen (Fitness)
- UCF will be hosting ERSL in 2014 and 2015
- UCF will be hosting the NCCS Regional Flag Football tournament November 4-6
- Jim Wilkening has been selected to serve on the NIRSA Registry Commission



Campus Updates Continued



University of Florida

- The University of Florida will host the 24th Annual Swamp Bowl Flag Football Tournament on October 21-23. Any program that has an interest in sending teams, officials, or staff members to the tournament should contact Doug Burkhart, Tournament Director, at DouglasB@recsports.ufl.edu. The early bird deadline is on Friday, October 7 (\$240) and the final registration deadline is on Monday, October 17 (\$270). More information will be distributed by e-mail in early September.
- On August 27-28, UF will host the first Suncoast Flag Football Official's Workshop. This workshop is intended to serve officials of all different skill levels. A beginner, intermediate, and advanced course will be offered and all officials will get both classroom and on-field experience during the workshop. Cost is \$50 per official which includes: 2 day training from flag football experts, lunch on Saturday and Sunday, rulebook, and other official's accessories. More information can be found at www.recports.ufl.edu.
- From a staffing standpoint, the University of Florida has combined the Intramural Sports program and the Sport Clubs program to form the new Competitive Sports program. Both programs will still operate as separate entities to participants, but will offer a more diverse experience for staff members from students to professionals.

University of Miami

- Dominique Ennis will join the staff on July 14th as the Assistant Director of Fitness and Personal Training. This position reports to Dr. Tony Musto. Dominique earned her bachelors and masters degrees from Old Dominion University and is an ACSM Certified Health and Fitness Specialist. Since 2004 she has served as the Assistant Director of Campus Recreation and Informal Recreation at UNC in Asheville. Prior to that she was the Assistant Athletic Director for the United States Navy Morale, Welfare and Recreation division in Norfolk, Virginia. Dominique has experience in cardiac rehabilitation, adult fitness and managing a women's only fitness facility. Her diversified background will enable her to be a valuable contributor to the overall mission of the Herbert Wellness Center.
- Elena Fajardo has joined the Herbert Wellness Center staff as an administrative assistant to Al Rose. Elena graduated from the University of Miami in the spring of 2011 with Bachelor of Science degrees in education and psychology. Elena has over four years of experience working for the department and has won several student awards including the Lorraine Miller Customer Service Award in 2010. She served three years as an office supervisor and two years as a Mini Canes camp counselor. She has hit the ground running!
- We also have an Graduate Intern by the name of David Broadstone who will be working with Intramurals and Club Sports for next year. David is a University of Miami graduate who will be completing his maters in Sports Administration while working for Rhonda DuBord and Tom Soria.

University of North Florida

- Construction continues on the new Student Wellness Complex.





Campus Updates Continued

University of South Florida

- The newly expanded and renovated Campus Recreation Center will open to the public Aug. 17, 2011. There will be a formal Ribbon Cutting on Thursday, Sept. 1, 2011 at 4pm. We would like to invite everyone within the State to attend this important event in the life of USF Campus Recreation. The highlights of the new expansion/renovation include an indoor running track around 2 new basketball courts, 1 new group fitness studio and a new cycling studio. There is also an expansion of fitness space from 6,500sq.ft to over 21,000sq.ft. Many helpful tips were secured from other State of Florida institutions who have already received new facilities. The help was much appreciated!
- The department is happy to announce the hiring of 3 new positions:
 - Assistant Director, Facilities: Al Gentilini
 - Fitness Coordinator: Jay Downing
 - Group Fitness Coordinator: Sue-L Hamilton
- The department has 5 new graduate assistants:
 - Bobby Brown, Facilities (USF graduate)
 - Josh Gianitsis, Sport Clubs (USF graduate)
 - Mark Comer, Intramurals (University of Maryland graduate)
 - Amy Russell, Fitness (Oregon State graduate)
 - Greg Wance, Outdoor Recreation (USF graduate)
 - David Sherer, Aquatics (Austin Peay graduate)
- Aaron Craig, Assistant Director for Fitness at USF, was able to secure May 2011 as Exercise Is Medicine Month for the State of Florida in a proclamation signed by Gov. Scott. There is a significant effort being made nation-wide to incorporate Exercise is Medicine in the daily lives of all citizens. More exciting programming is being planned around this theme for the coming year.
- The NIRSA 2012 Host Committee has received a lot of volunteer support from around the State and will be sending out emails in the coming months regarding ways in which volunteers can assist the Host Committee. Thanks for your help!

University of West Florida

- April Moore back to the department as our Facility and Student Development Coordinator. April Moore was Recreation's Facility Operations GA from 2007-09 and worked for two years in UWF's University Commons and Student Activities.
- Rex Wade, the 2011-2013 Facility Operations GA. Rex joins us from Valdosta State University and is from Bainbridge, Ga. Rex will be pursuing his Master's Degree in College Student Personnel Administration.
- Beth Godwin, the 2011-2013 Fitness/Wellness GA. Beth has worked for UWF Recreation as a Fitness/Wellness Supervisor for four years. Beth will be pursuing his Master's Degree in Community Health Education/Health Promotion and Worksite Wellness.
- Jessica Ricci, the 2011-2013 Aquatics GA. Jessica joins us from Virginia Tech.
- Amy Robinson, Business Manager, welcomed her second child Luke James Robinson on June 4, 2011.



Upcoming Events/Event Recap



- On April 23rd, UWF Recreation and Sports Services Department held its Bunny Dash 5K. Students woke up early, with their bunny ears on, to complete the 3.1 mile trail run across UWF's beautiful campus. Refreshments were served. Overall and divisional winners received Easter basket prizes. Watch the Bunny Dash video here <http://www.youtube.com/user/UWFRecreation#p/a/u/2/M9-Y9568agg>
- UWF hosted The Reverse Sprint Triathlon on April 2nd. This event began a 5K run followed by a 15K bike, race and ending with a 400M swim in the UWF Aquatic Center pool. Participants received water throughout the race and refreshments before and after. First through third place awards were given. Watch the Reverse Sprint Triathlon video here <http://www.youtube.com/user/UWFRecreation#p/u/3/3Lek4F0xi5M>
- Outdoor Adventures Spring Break Ski Trip (see photo above) Outdoor Adventures took its annual Spring Break Ski Trip to Killington, Vermont March 12-19.
- Thank you to all who attend our NIRSA Alumni Social in New Orleans! (see photo above)



Embry Riddle Aeronautical University hosted a Level 1 YogaFit training August 6th and 7th, and will be hosting the Level 2 training October 1st and 2nd. If you are in the Florida area and are looking to become yoga certified this is a great and accredited organization. The style of yoga taught by YogaFit is geared for instructors teaching in fitness facilities and group fitness settings. Trainings are recognized by ACE and provide continuing education credits.

Level 1 trains instructors on the basics of teaching Vinyasa flow yoga, while incorporating the principles of exercise science and safety. The Level 2 training will go a step further and teach instructors how share the essence of yoga with their students through language and communication as well as self-awareness.

For more information and to register visit the YogaFit website yogafit.com. Search for "trainings near you" to find us (Embry Riddle Aeronautical University) and register!

Upcoming Events/Event Recap, Cont.



Come to Lexington, Kentucky for the 2011 Region II Conference: “On the Fast Track in the Bluegrass “. The conference will be held October 13 – 15 in the Hilton Lexington/Downtown. This year’s conference will feature 21 educational sessions, along with the opportunity to experience the beauty of central Kentucky. The preconference offerings include hiking in the Red River Gorge, Thoroughbred Horse Racing at scenic Keeneland Race Course, and a tour of University of Kentucky’s athletic and recreational sports facilities. In addition to the preconference activities there will be a Student Lead-On. Hotel reservations, conference registration, presentation proposals and much more information can be found on the Region II Conference website (www.uky.edu/StudentAffairs/CampusRec/regionII). We look forward to seeing you in October!

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 University of Kentucky
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Dates of Interest

August 31 — NIRSA Leadership Nominations Due
 September 15 — Webinar: Managing Student Employees
 September 16 — National Service Awards Nominations Due
 October 17-19 — National Aquatic Institute (Birmingham, AL)
 October 19-21 — National Recreational Facilities Institute (Birmingham, AL)

March 27-30 – NIRSA Annual Conference (Tampa, Florida)

